

Greater Boston League

Cleared for Participation:

Medford

Malden

Everett

Lynn

Waiting on Approval:

Somerville

Revere

Chelsea

Winter Sports

Boys/Girls Basketball, Swimming, Boys Ice Hockey

- *Gymnastics and Girls Ice Hockey just finished interscholastic play (Medford, Malden, Somerville)*

February 1st – February 26th: Mandatory Preseason Conditioning

March 1st – April 10th: Winter Season Interscholastic Competition

Fall 2 Sports

Girls Volleyball, Boys/Girls Soccer, Golf, Cross Country, Football, Cheer

March 29-April 11: Mandatory Preseason Conditioning

April 12th – May 15th: “Fall 2” Season Interscholastic Competition

Spring Sports

Baseball, Softball, B/G Tennis, B/G LAX, Outdoor Track, Boys Volleyball, Crew, Ultimate Frisbee Club, Cheer Competition

May 3rd-May 16th: Mandatory Pre-Season Conditioning

May 17th – July 3rd: Spring Season Interscholastic Competition -

Safety Protocols

- Pre Season Clearance – current physical, medical history and COVID-19 history
- Mandatory 8 sessions of conditioning prior to start of season
- Daily symptom screening prior to the start of each practice session
- Face masks covering nose and mouth will be worn at all times, except when getting a drink
- Hand sanitizer will be used before, during and after practice
- Practice equipment will be cleaned before, during and after practice
- Social Distancing will be followed when not participating in a drill or on sidelines, while drinking and when removing or changing masks

COVID -19 Positive or Close Contact

Any positive case will isolate and all close contacts will quarantine for 10 days

- Due to the nature of athletics ALL participants, coaches and staff that have practiced or competed with a positive individual up to 48 hours prior to symptom onset will be excluded and placed in quarantine.
- If a positive COVID-19 case is identified while a team is at practice or a game, the event will be stopped immediately and all players and staff will be sent home to begin quarantine.
- If advised of an opposing team having a COVID-19 positive case; team members and staff will be notified and quarantined for 10 days.
- If a student athlete becomes symptomatic or tests positive after being placed in quarantine, he/she will then isolate and need to follow the criteria for a positive COVID-19 case.

Education

- All coaches and staff will take the COVID-19 course on NFHS
- All proper cleaning protocols and safety precautions will be reviewed during coaches preseason meeting
- All coaches and student-athletes were made aware of COVID-19 symptoms when registering on Family ID for athletics.
- All student-athletes will receive written COVID-19 education handout
- Prior to the start of the first practice the Athletic Trainer will speak to each team to review COVID-19 protocols
- Parents will be given written instructions on COVID-19 symptoms and protocols when student-athlete is sent home due to positive symptoms