

Below is the current language in the procedures section of the [SPS Wellness Policy & Procedures](#):

II.1.

e. Schools will allow at least 20 minutes when possible for students to eat meals within the designated period.

III.2.

a. Recess provides academic, social and physical benefits. Students should be given at least 20 minutes when possible to provide opportunities for social development in a safe environment and to expend physical energy, in order to increase alertness in the classroom.

b. Recess should not be used to motivate or punish students unless there is a safety reason to do so.

c. Principals are encouraged to provide recess before lunch for Prek-8 students when possible.

d. Outdoor recess should take place unless the temperature, including the wind chill, is below 15 or if the heat index (temperature plus humidity) is above 97 or if conditions are deemed unsuitable or unsafe due to rain, snow, sleet or ice. (*)

Please find SY 2023.24 lunch/recess times by school & grade below. In addition to the times listed below, all PK - 2 grades have an additional second recess:

AFAS:

1st & 3rd	10:50am-11:30am	
Prek & K	11:30am-12:00pm	(lunch only)
2nd & 4th	11:50am-12:30pm	
5th & 6th	12:15pm-12:55pm	
7th & 8th	1:05pm-1:35pm	

Brown:

K & 1	11:15am-11:55am
2 & 3	12:00pm-12:40pm
4 & 5	12:45pm-1:25pm

Capuano:

30 minute lunch and 30 minute recess at the times listed below:

11:00am-11:30am
11:30am-12:00pm
12:00pm-12:30pm
12:30pm-1:00pm

1:00pm-1:30pm
11:00am-11:30am
11:30am-12:00pm

East:

1st & 3rd	10:50am-11:25am	
5th & 6th	11:30am-12:05pm	
K	11:40am-12:10pm	(Lunch only)
2nd & 4th	12:10pm-12:45pm	
7th & 8th	12:50pm-1:25pm	

Healey:

Prek-K	10:50am-11:10am	(lunch only)
1st & 2nd	11:05am-11:35am	
3rd & 4th	11:30am-12:00pm	
5th & 6th	11:55am-12:25pm	
7th & 8th	12:35pm -1:05pm	

Kennedy:

PK & K	10:45-11:15
1 & 2	10:55-11:25
5, 7, & 8	11:30-12:00
3, 4, & 6	12:05-12:35

SHS:

11:04am-11:34am
11:34am-12:04pm
12:04pm-12:34pm

West:

Prek-K	10:55am-11:20am	(lunch only)
1st & 2nd	11:20am-12:00pm	
3rd & 4th	12:05pm-12:35pm	
5th & 6th	12:40pm-1:10pm	
7th & 8th	1:15pm-1:45pm	

WHCIS:

Prek-K	10:55am-11:20am	(lunch only)
1st & 2nd	11:20am-12:00pm	
3rd & 4th	12:05pm-12:35pm	
5th & 6th	12:40pm-1:10pm	
7th & 8th	1:15pm-1:45pm	