

Policy for Staff Who Develop Symptoms at Home

If you develop any of the symptoms listed below, even if fully vaccinated, please stay home and do an at-home COVID test (or obtain a PCR):

- Fever (100.0° Fahrenheit or higher), chills, or shaking chills
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Muscle aches or body aches
- Cough (not due to other known cause, such as chronic cough)
- Sore throat, *when in combination with other symptoms*
- Nausea, vomiting, or diarrhea *when in combination with other symptoms*
- Headache *when in combination with other symptoms*
- Fatigue, *when in combination with other symptoms*
- Nasal congestion or runny nose (not due to other known causes, such as allergies) *when in combination with other symptoms*

If your test is **positive**, you must remain at home in isolation for a minimum of 5 days from symptom onset whether you are vaccinated or unvaccinated. If you are asymptomatic, you must remain at home for 5 days from the positive test. Please report your positive test via the on-line portal:

https://docs.google.com/forms/d/e/1FAIpQLSd0zZgzvIKWKV_Ld58J_DcBAOVybUW2EE-ZETCw3v8CEqTbQ/viewform

If your test is **negative** and you are **fully vaccinated** (it has been 14 days from your 2nd dose of Pfizer or Moderna or 14 days from your single Johnson& Johnson), you can return to school as soon as symptoms improve and you are fever free for 24 hours without the use of fever-reducing medication such as ibuprofen or acetaminophen.

If your test is negative and you are either partially vaccinated or unvaccinated, you can return as above UNLESS you are the close contact to a confirmed case of COVID-19. In that situation, you would need to stay home in quarantine for 5 days from date of exposure and have a negative COVID-19 test on Day 5 (at-home rapid is acceptable). See MDPH guidance for more information about quarantine:

<https://www.mass.gov/guidance/information-and-guidance-for-persons-in-quarantine-due-to-covid-19>

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