

Place
Child's
Picture
Here

Somerville School Health Services Life Threatening Allergy/Anaphylaxis Health Care Plan

Allergy to _____

Child's Name _____ Room/Teacher _____

Asthmatic __ Yes (high risk for severe reaction) __ No DOB _____ Wt. _____

Anaphylaxis is a life threatening, rapid, severe systemic reaction after exposure to allergens (usually due to ingestion, rarely touching or inhalation). Anaphylaxis usually occurs immediately (but can be delayed up to two hours), and can have a biphasic reaction two to four hours later.

Symptoms (usually one or more, rapid onset):

Mouth – itching; swelling of the lips, tongue, or mouth

Throat – itching, tightness or sense of throat closing, hoarseness, difficulty swallowing

Skin – hives, itchy rash, swelling of face or limbs, sweating

Abdomen – nausea, cramps, vomiting, diarrhea

Lung – shortness of breath, repetitive coughing, wheezing

Heart – fast, weak pulse; change in color (pallor or flushing), weakness, fainting

Other – feeling of apprehension

Action: if developing anaphylaxis (Note: when in doubt, it is better to give epinephrine and seek medical attention. Fatalities occur when epinephrine is needed and withheld.

1. **give EpiPen** if available (22-45 lb. EpiPen Jr, >45lb. EpiPen)
2. **Call Rescue squad 9-911** – paramedics will determine whether child will be transported to Somerville Hospital or MGH
3. **Call nurse** who will bring additional EpiPen, “Go Bag” and take responsibility for the student. **Go Bag contents** – student emergency card, health records pertaining to allergy, copy of insurance card
4. **Call office**
5. **Call Parent/Guardian phone #** _____ **cell phone/pager** _____

Parent/Guardian signature: _____ Date _____

Physician's Signature: _____ Date _____

Additional Notes: _____

Trained staff members/Room _____