

SOMERVILLE HIGH SCHOOL WEEKLY BREAKFAST MENU

2019-2020

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FEATURED BREAKFAST ITEMS

<p>French Toast Sticks</p>	<p>Sausage, Egg and Cheese on a Bagel</p> <p>Ham, Egg and Cheese on a Bagel</p> <p>Egg and Cheese on a Bagel</p>	<p>Assorted Yogurt Parfaits</p>	<p>Scrambled Eggs with Bacon</p> <p>Scrambled Eggs with Veggies</p> <p>Scrambled Eggs with Cheese</p> <p>Fresh Baked</p>	<p>Pancakes</p>
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CHOICES AVAILABLE EVERYDAY

<p>Wheat Bagel with Cream Cheese</p> <p>Assorted Cereals & Graham Crackers</p> <p>Hot Oatmeal</p> <p>Breakfast Breads: Pumpkin, Zucchini, Blueberry and Banana</p>	<p>Wheat Bagel with Cream Cheese</p> <p>Assorted Cereals & Graham Crackers</p> <p>Hot Oatmeal</p> <p>Muffins: Corn, Wheat Blueberry or Apple Wheat Muffin</p>	<p>Wheat Bagel with Cream Cheese</p> <p>Assorted Cereals & Graham Crackers</p> <p>Hot Oatmeal</p> <p>Breakfast Breads: Pumpkin, Zucchini, Blueberry and Banana</p>	<p>Wheat Bagel with Cream Cheese</p> <p>Assorted Cereals & Graham Crackers</p> <p>Hot Oatmeal</p> <p>Muffins: Corn, Wheat Blueberry or Apple Wheat Muffin</p>	<p>Wheat Bagel with Cream Cheese</p> <p>Assorted Cereals & Graham Crackers</p> <p>Hot Oatmeal</p> <p>Breakfast Breads: Pumpkin, Zucchini, Blueberry and Banana</p>
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"This institution is an equal opportunity employer."

FUEL UP with BREAKFAST!

During a busy morning, it's easy to let breakfast fall low on your list of priorities, but taking just a few minutes to have something to eat can really make a difference to your day. Breakfast is free for all students, every day at school, so come join us!



A fluid 8oz 1% milk and fresh fruit is available with each breakfast.

All cereals offered are low sugar.

All breakfast items are whole grain.