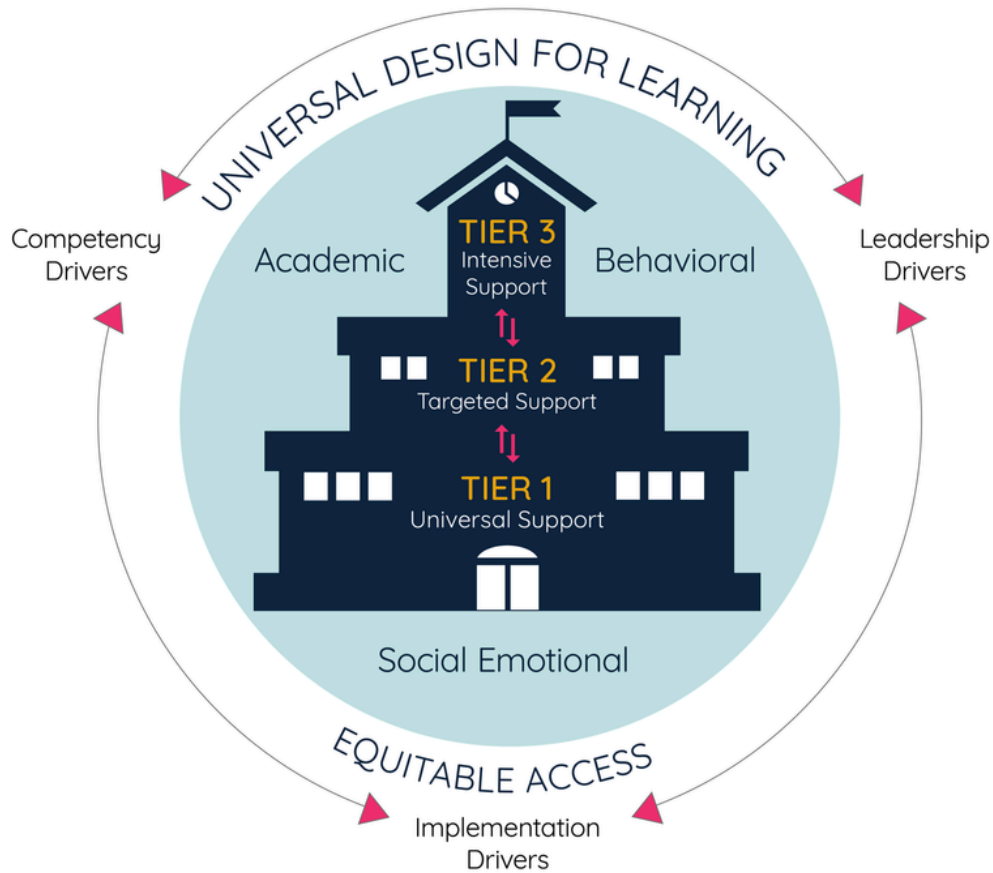


# **Somerville Public Schools**

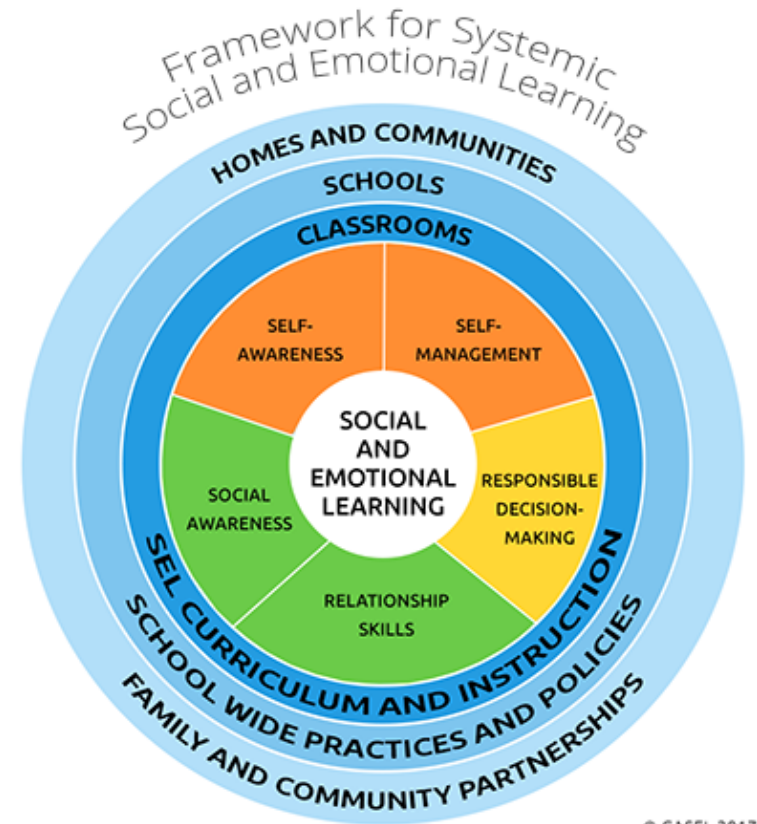
## **Social Emotional Development**

### **Implementation Plan**

#### **SY23-SY25**



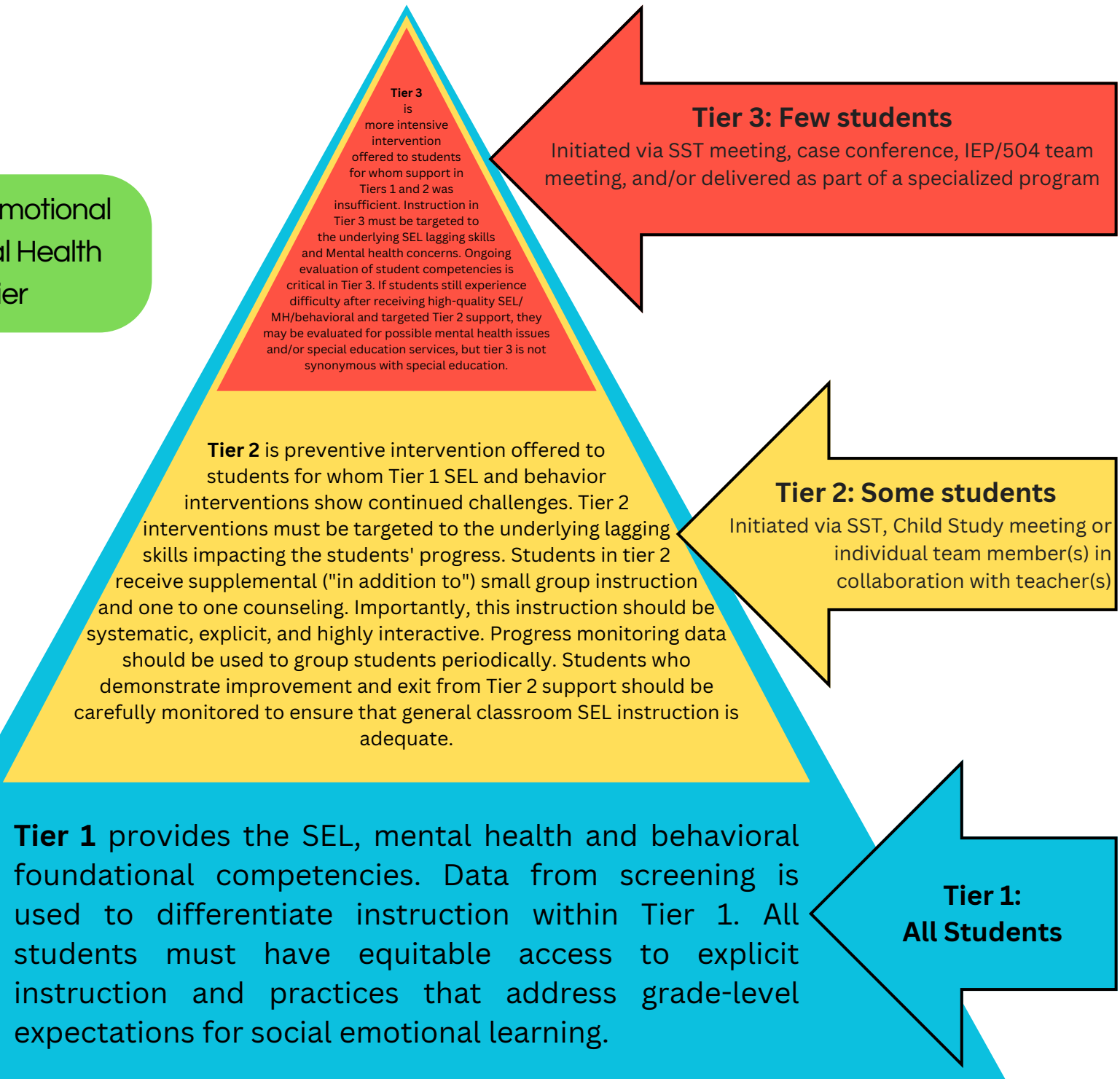
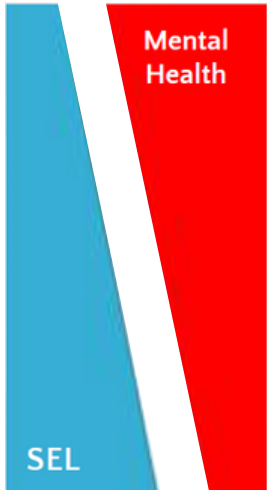
**MULTI-TIERED  
 SYSTEM OF SUPPORT**



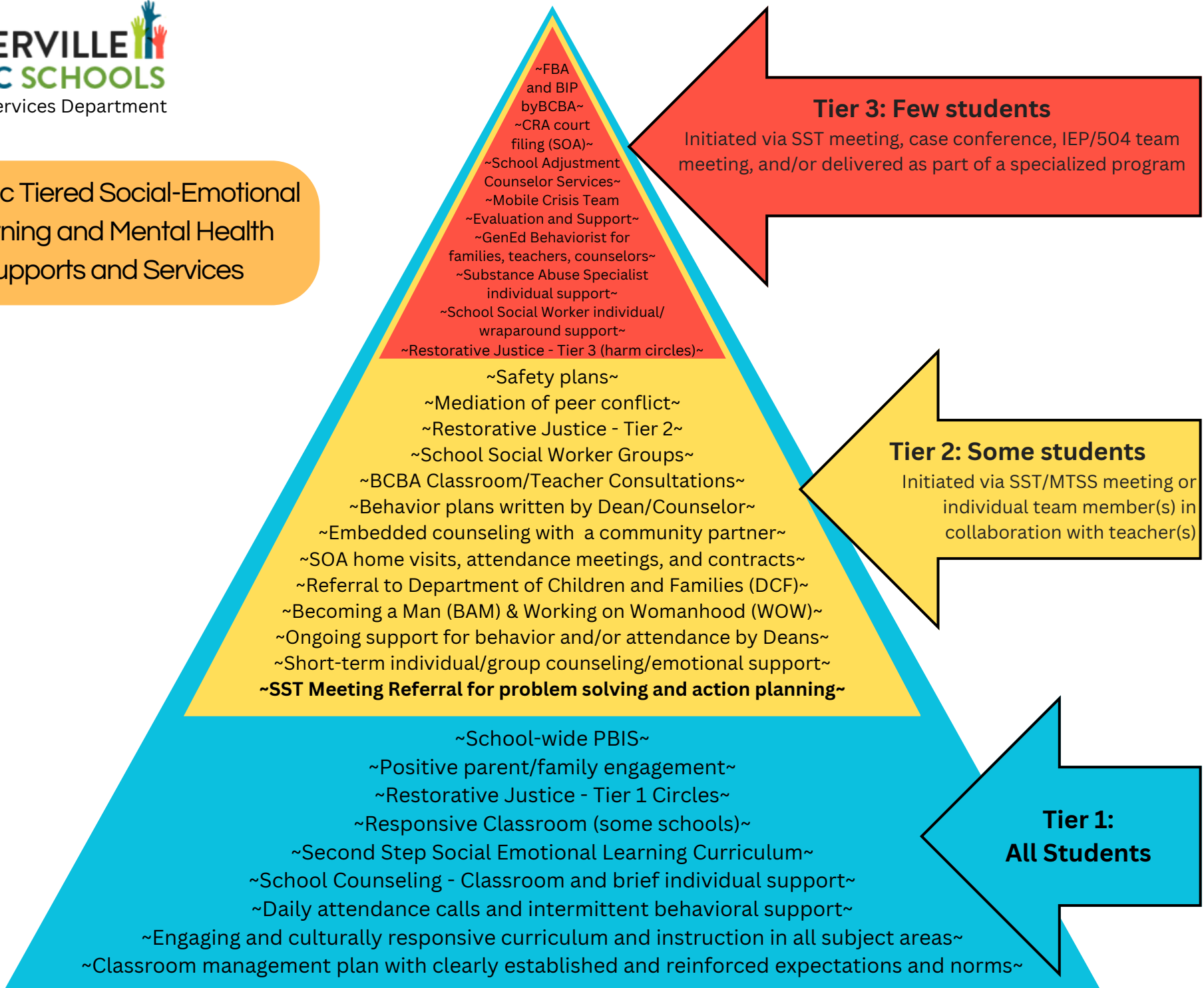
# School Committee Goal

To provide all students with integrated classroom lessons from a high quality social-emotional learning curriculum that helps students value and develop their ability to build relationships with other students, to be self aware and socially aware, to self regulate, and to make responsible decisions, resulting in a 50% reduction in conduct referrals by 2025 compared to 2021, improved ratings on questions coded as SEL on the Student Conditions for Learning Survey compared to the SY21 baseline survey, and improved results on the Somerville Youth Risk Behavior Survey (YRBS) compared to the 2021 YRBS baseline data.

Overview of Social-Emotional  
Learning and Mental Health  
Supports by Tier



Specific Tiered Social-Emotional Learning and Mental Health Supports and Services



# SECOND STEP®

Second Step programs are **research-based** programs for Early Learning through Grade 8 students. The programs are designed to promote school **success**, school **connectedness**, and a **safe, respectful** school climate, while also addressing problem behaviors. They do this by teaching **self-regulation** and **social-emotional** skills and by addressing **bullying** and unsafe behaviors. Second Step programs are **developmental** and sequential, building on **skills** and gradually becoming more complex as students get older. The programs provide clear school wide norms for **prosocial** behavior (behavior intended to **help others**).

**This year, 19 classrooms are implementing 2nd Step Curriculum as early adopters:**

**Grades K-5: 20 lessons**

**Grades 6-8: 26 lessons**

## Restorative Justice

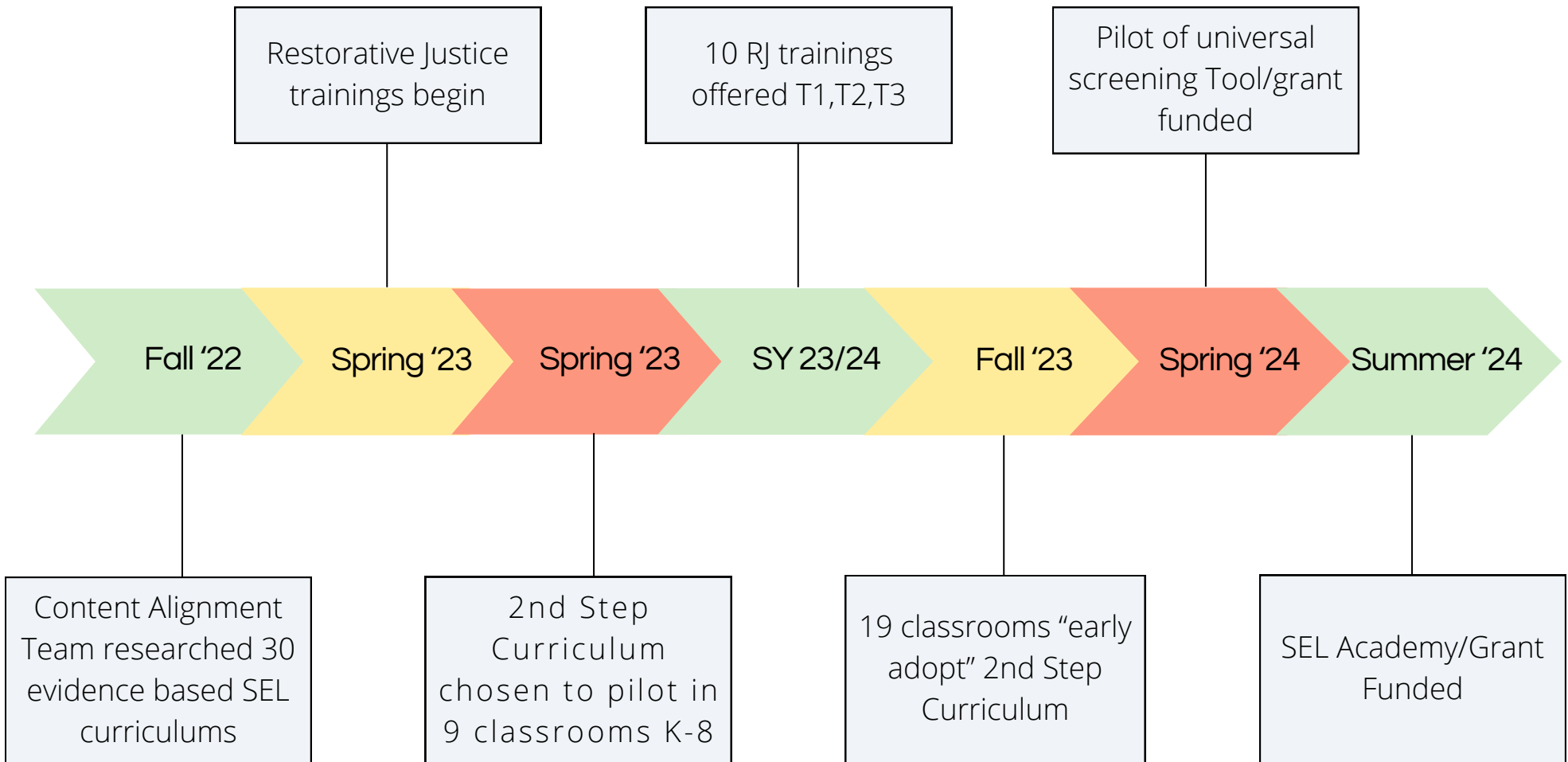
**The Center for Restorative Justice utilizes a whole-school or whole-district approach to implementation, starting with these foundational trainings:**

**Tier 1:** Intro to RJ Practices and Circle: This two-day experiential training prepares teachers and staff to design and facilitate restorative circles. Participants will directly experience circles; understand the elements, philosophy, and rituals of the circles; and practice both planning and facilitation of circles

**Tier 2:** Restorative Mindset and Classroom Management: This advanced two-day training focuses on how to use restorative justice practices to build a restorative workplace and school setting and to respond when issues and disruptions arise. A range of Tier 2 practices will be covered, including restorative conversations with one or more participants, and circles responding to culture issues as well as incidents of harm that have affected colleagues and students

**Tier 3:** Addressing Conflict Using Restorative Justice Practices: This advanced two-day training focuses on how to respond when the inevitable occurs and things get off track. Staff will be introduced to different approaches to address harm and transform conflict and explore how to respond restoratively to an incident between two or more colleagues or students. We will learn more about how to use the restorative questions when there is conflict and how staff can intervene in a way that is fair to everyone and allows the colleagues and students to be able to fully move past the incident.

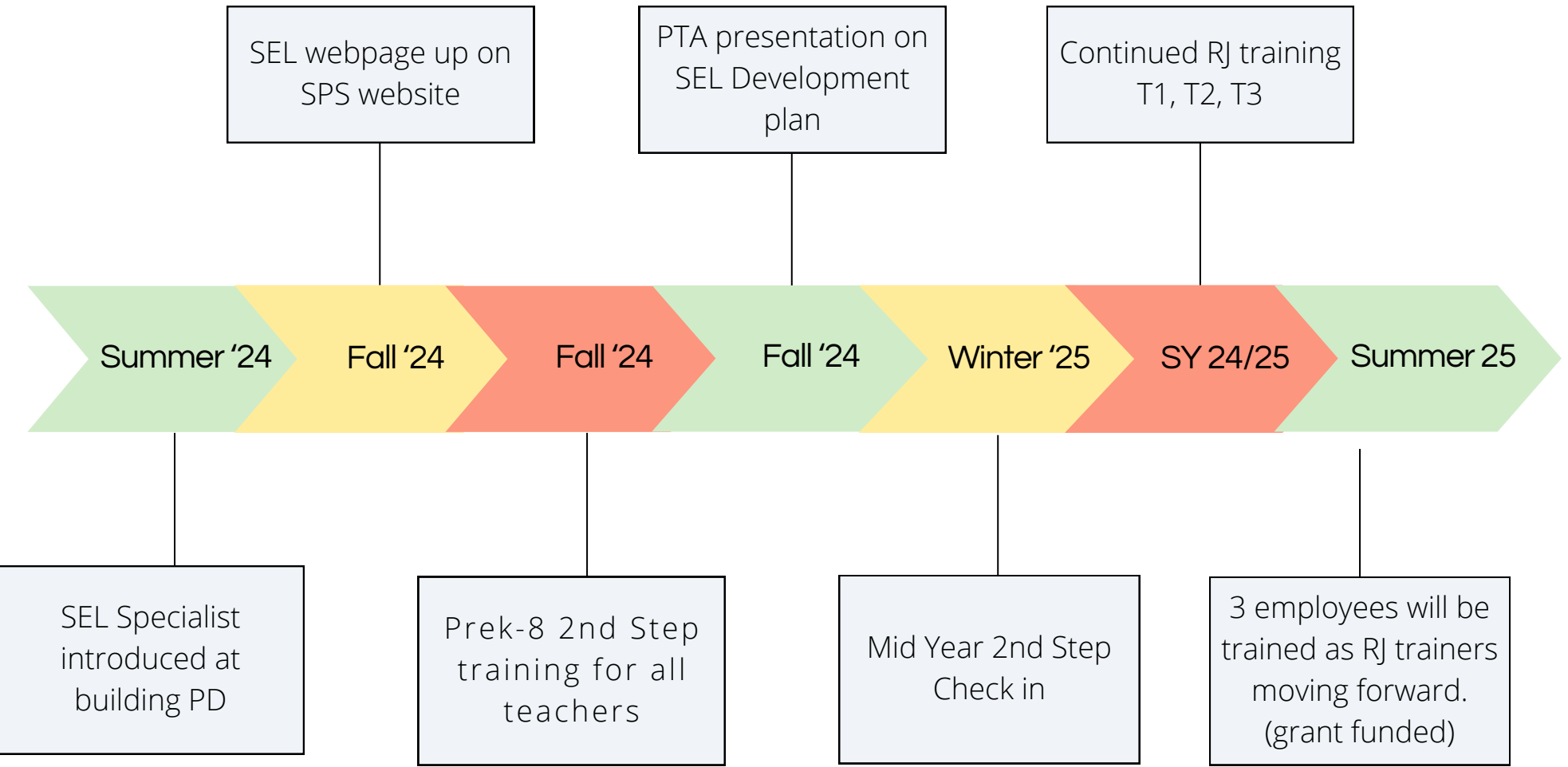
# Restorative Justice and 2nd Step roll-out timeline SY22/23-SY23/24





# Restorative Justice and 2nd Step roll-out timeline

SY24/25



## **SEL Academy and Second Step Training (Draft Plan)**

### **SEL Academy**

- If approved, SEL Specialist job description posted by May 7th
  - Nine SEL Specialists hired by May 31st, 2024
- Tentative training dates: June 17-27th (8 days)
- Training for SEL Specialists and also offered to other identified staff:
  - Four RJ Trainings: Tier 1, Tier 2, and Tier 3 (each training is 2 day)
  - Second Step and Restorative Justice Training for SEL Specialist (full day)
  - RJ Administrator Training (half Day)

### **Second Step Training for (K-8)**

- August SY 2025
  - 2.5-3 hour time slot:
    - 30 minute presentation introducing SEL Specialist supports for building and training directions for 2nd Step trainings on 2nd Step.org
    - 90 min- for teachers to sign up and complete training
    - 30 min to come back together for Q & A
- Building-based PD facilitated by SEL Specialist:
  - Present slide show describing their role and how they will support their building's SEL Development
  - Second Step support - registering, creating classes, and completing the online training.
  - There will be Second Step representatives available by phone during this time to answer content and technology related questions.

# **SEL/MH Professional Development Opportunities**

- Restorative Justice - Tier 1, 2, 3
- 2nd Step - online training
- CPI - nonviolent crisis intervention - verbal and safety
- Positive Behavioral Interventions and Supports (PBIS)
- Student Services Department PD (deans, counselors, SWs)
- Coaching by building-based SEL Specialists
- District PD Catalog-including PD facilitated by Laura Davis
- Massachusetts Partnerships for Youth (MPY) membership
- Universal Screener- training

# Social Emotional and Behavior Crisis Team

*\*new for SY24-25\**

## **Who We Are:**

A district-based team of specialists with background and training in behavior analysis and intervention, mental health, and crisis de-escalation, which is composed of:

- a Board Certified Behavior Analyst (BCBA)
- a Social Worker (LICSW)
- a Registered Behavioral Technician (RBT)

## **What We Do:**

**Consultation** - General and individualized consultation regarding best practices, interventions, data collection, crisis management and individual student needs.

**Training** - De-escalation training, professional development on topics related to social emotional, mental and behavioral health

**Create and Support Implementation of Behavior Intervention Plans** - based on observations and data collected

**Crisis Support and Management** - Coaching and in person support during behavioral crisis

**MAY**

**MENTAL HEALTH  
AWARENESS MONTH**

WEEKLY SCHOOLWIDE ACTIVITIES FOR  
MORNING ANNOUNCEMENTS

- SAY SOMETHING NICE TO THREE PEOPLE
- INTRODUCE YOURSELF TO SOMEONE NEW
  - HELP SOMEONE WITH SOMETHING
  - SIT BY SOMEONE NEW
- PRACTICE SELF-CARE LIKE GOING OUTSIDE

**GREEN DRESS UP DAY  
FRIDAY MAY 24**

# This year, School Social Workers have been able to:

- Build a caseload of 237 students in need of social/emotional support that they meet with individually each week
- Run 78 clinical groups that include 322 students
- Assist SOAs with home visits
- Be the point person during crisis intervention and management between emergency services teams and the school
- Completed 10 safety assessments (37 last yr)
- Provide referrals to families in need of additional support outside of school including:
  - Food assistance
  - Mental health services
  - Immigration/deportation assistance
  - Homelessness/housing services
  - Child care assistance
  - LGBTQIA informed care
  - Domestic violence resources
  - Trauma response

## Group Themes

- After school girls empowerment group
- Before school sketch group
- Separation anxiety groups with younger students during drop-off
- Zones of Regulation
- Self-esteem
- Stress/anxiety
- Positive coping skill building
- Friendship/social anxiety
- Anger management
- Social skills